

# 2010 C.R.A.S.H. - B Sprints

## World Indoor Rowing Championships



Heat	Time	Event	Heat	Time	Event																				
1	9:00 AM	Veteran Men (Age 90-94)	7	10:45 AM	Open Women																				
		Veteran Men (Age 95-99)			Junior Women																				
		Veteran Women (Age 50-54)			8	11:00 AM	Junior Women																		
		Veteran Women (Age 55-59)					9	11:15 AM	Junior Women																
		Veteran Women (Age 60-64)							10	11:30 AM	Junior Men														
		Veteran Women (Age 65-69)									11	11:45 AM	Junior Men												
		Veteran Women (Age 70-74)											12	12:00 PM	Open Men										
		Veteran Women (Age 75-79)													Junior Men										
		Veteran Women (Age 80-84)													13	12:15 PM	Lightweight Open Women								
		Lightweight Veteran Men (Age 90-94)															Lightweight Junior Women								
		Lightweight Veteran Men (Age 95-99)															14	12:30 PM	Lightweight Open Men						
		Lightweight Veteran Women (Age 50-54)																	Lightweight Junior Men						
		Lightweight Veteran Women (Age 55-59)																	Lightweight Junior Women						
		Lightweight Veteran Women (Age 60-64)																	15	12:45 PM	Lightweight Junior Men				
		Lightweight Veteran Women (Age 65-69)																			16	1:00 PM	Lightweight Junior Men		
		Lightweight Veteran Women (Age 70-74)																					17	1:15 PM	Adaptive Set Up
		Lightweight Veteran Women (Age 75-79)																							18
2	9:20 AM	Veteran Women (Age 50-54)	Open Men Legs-Trunk-Arms; Visually Impaired																						
		Veteran Women (Age 85-89)	Open Men Legs-Trunk-Arms; Physically Disabled																						
		Veteran Women (Age 90-94)	Open Men Legs-Trunk-Arms; Intellectually Disabled																						
		Veteran Women (Age 95-99)	Open Men Trunk-Arms																						
		Coxswain Men	Open Men Arms-Shoulders																						
		Coxswain Women	Junior Men Legs-Trunk-Arms; Visually Impaired																						
		Lightweight Veteran Women (Age 50-54)	Junior Men Legs-Trunk-Arms; Physically Disabled																						
		Lightweight Veteran Women (Age 80-84)	Junior Men Legs-Trunk-Arms; Intellectually Disabled																						
		Lightweight Veteran Women (Age 85-89)	Junior Men Trunk-Arms																						
		Lightweight Veteran Women (Age 90-94)	Junior Men Arms-Shoulders																						
		Lightweight Veteran Women (Age 95-99)	Women-FES																						
		3	9:40 AM	Veteran Men (Age 50-54)	Open Women Legs-Trunk-Arms; Visually Impaired																				
				Veteran Men (Age 55-59)	Open Women Legs-Trunk-Arms; Physically Disabled																				
				Veteran Men (Age 60-64)	Open Women Legs-Trunk-Arms; Intellectually Disabled																				
				Lightweight Veteran Men (Age 50-54)	Open Women Trunk-Arms																				
				Lightweight Veteran Men (Age 60-64)	Open Women Arms-Shoulders																				
		4	10:00 AM	Veteran Men (Age 50-54)	Junior Women Legs-Trunk-Arms; Visually Impaired																				
Veteran Men (Age 55-59)	Junior Women Legs-Trunk-Arms; Physically Disabled																								
Veteran Men (Age 65-69)	Junior Women Legs-Trunk-Arms; Intellectually Disabled																								
Lightweight Veteran Men (Age 55-59)	Junior Women Trunk-Arms																								
5	10:15 AM	Veteran Men (Age 50-54)	Junior Women Arms-Shoulders																						
		Veteran Men (Age 65-69)	19	2:15 PM	Master Men (Age 30-39)																				
		Veteran Men (Age 70-74)			Senior Master Men (Age 40-49)																				
		Veteran Men (Age 75-79)			Lightweight Master Men (Age 30-39)																				
		Veteran Men (Age 80-84)			20	2:30 PM	Senior Master Men (Age 40-49)																		
		Veteran Men (Age 85-89)					Lightweight Senior Master Men (Age 40-49)																		
		Lightweight Veteran Men (Age 50-54)					21	2:45 PM	Senior Master Men (Age 40-49)																
		Lightweight Veteran Men (Age 65-69)							Senior Master Women (Age 40-49)																
		Lightweight Veteran Men (Age 70-74)							Lightweight Senior Master Women (Age 40-49)																
		Lightweight Veteran Men (Age 75-79)							22	3:00 PM	Lightweight Open Women														
		Lightweight Veteran Men (Age 80-84)									Master Women (Age 30-39)														
Lightweight Veteran Men (Age 85-89)	Lightweight Master Women (Age 30-39)																								
6	10:30 AM	Morning Break																							

# 2010 C.R.A.S.H. - B Sprints

## World Indoor Rowing Championships



Heat	Time	Event	Heat	Time	Event
23	3:15 PM	Lightweight Open Men Lightweight Open Women			
24	3:30 PM	Lightweight Open Men			
25	3:45 PM	Afternoon Break			
26	4:00 PM	Open Men			
27	4:15 PM	Open Men			
28	4:30 PM	Open Men Open Women			
29	4:45 PM	Open Women			
30	5:00 PM	Open Women			